



## Tips & Useful Information For Brides

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**Thank you for choosing Trio Makeup & Hair Design for your wedding! We want you to have the best possible experience—you deserve it on your special day!**

**Here are some tips for making the hours leading up to your wedding smooth and successful.**

[1] First and foremost, eat breakfast! It's the most important meal of the day, and a high protein, high energy breakfast will prepare you for the long, busy day.

[2] Drink plenty of water, at least eight, 8-ounce glasses a day.

[3] Plan ahead. You should have your hair cut and/or colored 3 months prior to the wedding, then touched up 6 weeks later, with a final touch-up one week before. We guarantee your satisfaction based on what we do in the trial-run, so please avoid dramatic last minute color or style changes.

[4] Similarly, don't do anything drastic to your skin in the last few days before the wedding. This means no tanning, no facials, no new cleansers or skin products, and no eyebrow waxing.

[5] Bring any jewelry and head pieces you plan on wearing to your trial-run. At the very least, bring pictures.

[6] Remind the groom and groomsmen to get their hair trimmed one week before the wedding.

[7] When we arrive, please have clean, fresh skin.

[8] Wear an old, button down shirt that can easily be removed without ruining your fabulous hair and makeup.

[9] Make sure that your hair is dry and fairly clean. Hair washed a day old is fine. Any longer than that is too dirty.

[10] Put together a Wedding Day Beauty Kit. Consider these products: tissues, cotton balls, cotton swabs, bobby pins, breath mints, concealer (be sure to ask your Trio consultant for the right shade), dental floss, deodorant, eye drops, hair brush, hair spray, hand cream, lip gloss or balm, lip liner, mascara, nail polish, your perfume, toothbrush and toothpaste. Make sure the bag gets to the reception, where you can freshen up. **Remember that Trio Makeup & Hair Design offers to-go lip and eye color, as well as hairspray, to keep your look fresh throughout your day!**